

Frosted Flakes Bars or Rice Crispies Bars Recipes

Frosted Flakes Snack Recipe

Serves/Makes: 12

Ingredients:

4 cups mini marshmallows
1/4 cup margarine
1/3 cup peanut butter
7 1/2 cups Frosted Flakes cereal

Directions:

Use a 4-quart microwave bowl to melt miniature marshmallows. Add margarine. Set microwave on high for 3 minutes; then stir halfway. Stir in peanut butter until mix is smooth. Add frosted flakes. Stir until well-coated. Use a buttered spatula and press mixture into a lightly greased 9x13 pan. Let mixture set for about 5 minutes. Cut into small bars.

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http://www.cdktichen.com/recipes/recs/27/Frosted_Flakes_Snack59070.shtml

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Rice Krispies Treats

Serves/Makes: 12

Ingredients:

3 tablespoons butter or margarine
4 cups miniature marshmallows
6 cups Rice Krispies

Directions:

In large saucepan melt butter over low heat. Add marshmallows and stir until completely melted. Remove from heat. Add Rice Krispies cereal. Stir until well coated. Using buttered spatula or wax paper evenly press mixture into 13 x 9 x 2-inch pan coated with cooking spray. Cool. Cut into 2-inch squares. Best if served the same day.

Microwave Directions:

In microwave-safe bowl heat butter and marshmallows on HIGH for 3 minutes, stirring after 2 minutes. Stir until smooth. Follow steps 2 and 3 above. Microwave cooking times may vary.

Notes

For best results, use fresh marshmallows. 1 jar (7 oz.) marshmallow crème can be substituted for marshmallows. Diet, reduced calorie or tub margarine is not recommended.

Store no more than two days at room temperature in airtight container. To freeze, place in layers separated by wax paper in airtight container. Freeze for up to 6 weeks. Let stand at room temperature for 15 minutes before serving.

<http://www.ricekrispies.com/recipes/the-original-treats.aspx>

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